

MAIDEN ERLEGH TRUST

SEX AND RELATIONSHIPS POLICY (SECONDARY)

STATUTORY

Including local arrangements for

Maiden Erlegh School in Reading
(in annex)

INIITAL APPROVAL	2009
REVIEW FREQUENCY	Governing body free to determine.
REVIEW DATE	May 2010, May 2011, Updated 2014, May 2017, May 2018



Rationale

Maiden Erlegh Trust schools are inclusive schools and so we believe that all members of our community are of equal worth. At Maiden Erlegh Trust schools our aim is that everyone:

- is respected and respects others
- takes part in the life of the school
- achieves to their potential
- develops skills essential to life
- can exercise choice

These aims underpin this policy which is also key to promoting students' spiritual moral, social and cultural development.

The importance of sexual relationships in life is such that sex education must play a crucial part in preparing young people for their future lives as adults and parents.

We recognise the important role of family, friends, media, advertising, community support groups and previous educational experiences on the development of people's physical and mental well-being.

The Sex and Relationship (SRE) Policy has been drawn up with reference to the Sex and Relationship Education Guidance DFE 2000.

Values

SRE does not attempt to prescribe values and standards on students; the Governors believe that these come primarily from the home, but they recognise that the school will inevitably influence how students determine their values and standards and exercise their responsibilities in life.

At Maiden Erlegh Trust Schools we believe that SRE is about students understanding the importance of stable and committed relationships based on mutual respect and love, including marriage, and the importance of family life.

It is also about the teaching of sex, sexuality, and sexual health; but is not about the promotion of sexual orientation or sexual activity. As such, issues such as gender, sexual identity, special needs cultural and religious diversity will be provided for.

Delivery of SRE

All students have the opportunity to participate in a sex and relationships education programme which is delivered through the National Curriculum (Science), RE and PSMSC lessons in all years.

PSMSC lessons will help students by preparing them for an adult life in which they can:

- develop positive values and a moral framework that will guide their decisions, judgements and behaviour
- be aware of their sexuality, and understand and respect all human sexuality
- have the confidence and self-esteem to value themselves and others and to respect individual conscience, and the skills to judge what kind of relationships they want
- understand the arguments for delaying sexual activity
- understand the consequences of their actions and how to behave responsibly within sexual and other social relationships



- communicate effectively; have sufficient information and skills to protect themselves and, where they have one, their partner from unintended/unwanted conceptions, and sexually transmitted infections including HIV
- understand the reasons for having safe sex
- avoid being exploited or exploiting others
- be aware of the dangers of social media for exploitation and sexting
- avoid being pressured into unwanted or unprotected sex
- access confidential sexual health advice, support and if necessary treatment
- know how the law applies to sexual relationships

SRE is taught by a team of committed teachers who meet regularly to review the programme and to update resources. The teaching staff concerned with the delivery of sex education empathise with the policy, have a sympathetic approach and the necessary personal skills.

It is the responsibility of teachers to:

- Plan and deliver sex and relationships education according to the school's written policy.
- Give information about appropriate health professionals or clinics to visit.
- Avoid individual advice regarding any aspect of sexual health including contraception.
- Not to guarantee complete, unconditional confidentiality.
- Follow the school's procedures in suspected cases of abuse.

The governing body, parents and students are encouraged to play a part in ensuring that SRE addresses the needs of the students and parents, as well as community health priorities. We work closely with health and other professionals to provide training for staff, access to resources and deliver bespoke sessions for students.

Right of withdrawal

Governors recognise the importance of all students' participation in SRE. Parents may, however, exercise a right of withdrawal from these lessons if the content is not part of the national curriculum (Section 405 of the Education Act 1996). This is explained to them in a letter outlining the SRE course for their child's year group.

Where parents wish to exercise their right to withdraw their child from SRE, they should inform the Headteacher in writing and provide work for their son/daughter to complete during that lesson/s.

Monitoring

Monitoring and evaluation of the programme is undertaken by the Senior Leadership Group.



ANNEX 1:

Overview of the programme for the delivery of SRE at Maiden Erlegh School in Readingg
(Updated May 2018)

NATIONAL CURRICULUM SCIENCE

Foundation

Mechanics of sex

Key Stage 4

Asexual and sexual reproduction related to cell division.
The menstrual cycle

RE CURRICULUM (All students take RE)

Y7

Puberty- the physical and emotional implications
Gender/Sexuality
Extremism

Yr8

Puberty/masturbation
Sexual images/pornography
FGM

Y9

What is a healthy relationship?
How will I know if I am ready?
STIs: The Facts
Contraception & Protection
Teen Pregnancy

Y10

Safe sex: How to make choices about contraception
Why only "yes" means yes
Sex and alcohol: a dangerous pairing
How do you manage relationship breakdowns?
Dating in the 21st Century: Can you be safe online?
Dating in the 21st Century: issues debated
Is sex portrayed accurately in the media?
What makes a relationship healthy or unhealthy



Year 7-11 PSMSC Programme from Sept 2018 – Delivered in Extended Tutor Time

Half Term	Theme	Year 7	Year 8	Year 9	Year 10	Year 11
1	Emotional Wellbeing	Transition, Personal Qualities and Self Esteem	Relationships	Mental Health	Cosmetic Surgery	Sex
2	Citizenship and Community	Personal Values	Behaviour and Communications	Place in the local community	Extremism and Tolerance	Exam Prep
3	Careers, Work Experience and Work Related Learning	Enterprise Opportunity	Work Roles and Career Pathways	Reputation and Personal Brand	Preparation for Work	Your Rights @ Work!
4	British Values	Family and Introduction to British Values	BRITISH VALUE: Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith	BRITISH VALUE: Individual Liberty and Rights	BRITISH VALUE: The Rule of Law	BRITISH VALUE: Democracy (The Election Process)
5	Personal Health	Self Care	Drugs	Illegal Drugs	Impact of Drugs	Managing Exam Stress
6	Risk/Safety	Road and Cycle Safety including First Aid	e Safety	Healthy Relationships	Parenting	Exam Leave

