Kick Out Bullying

I know what you're thinking: are people bullied in Maiden Erlegh School in Reading? The answer is 'No!' because our school is a lovely school with lovely students, lovely teachers and a lovely building. But I'm here to talk about bullying outside of school in public.

So, first of all I want to talk about bullying in general such as physical bullying, for example, beating someone up or emotional bullying, such as saying mean things that can hurt you .Now, if you're being bullied, tell someone. You're not a snitch. Or just use the bullies' weapon against them – say 'thank you' or ignore them, because the bully just bullies you to make you angry or upset, but by using the bullies' weapon you can defeat them. So if you do that all the time to a bully, as if you don't care, the bully will become weak and bored of you and leave you alone. Now, if you see someone being bullied, don't bully them as well and don't be a bystander: help them and that way, you won't be a bully.

I know that's a lot to take in, but that's because I'm about to talk about the most horrible way of getting bullied which is cyber bullying. So if you're thinking there is no way of getting bullied online, well, you're wrong. There are many ways of being bullied online such as if you have social media, people can add you as a friend and say mean things to you or pretend to be someone that they aren't for real. The most horrifying thing is someone stalking you in your personal space. But if you're being bullied online, there is a way of stopping it. Report them, block them, tell someone you can trust and don't use social media that's not for your age. So remember, don't add friends that you don't know, block them straight away or just ignore them.

I know that was a lot to take in but just don't be a bully or if you're being bullied, just ignore them or tell someone you trust and be safe online.

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