#### Do you have an interest in?

# Speech and language therapist

- Communication how/why we communicate, who with, using what methods and how to help people who find communicating difficult
- Working with vulnerable people such as very young, old, disabled, ill, people with learning difficulties and making a real difference to their lives
- Working in a team with others; clients, parents, carers, teachers, hospital staff, other therapists
- Being respected as a healthcare professional and thinking creatively to plan and deliver programmes for people to follow
- A career which is varied and has many different elements and in which you can progress
- Being responsible for your own workload, attending meetings, planning therapy sessions, writing reports

Your tasks will vary depending on your client and the nature of the problem. However, you'll typically need to:

- identify the speech and communication difficulty or disorder;
- assess the cause and nature of the problem, for example, congenital problems (such as cleft palate) or acquired disorders after a stroke or injury;
- You will also advise on problems with eating, drinking, chewing and swallowing
- devise and deliver a suitable treatment programme, working on a one-to-one basis or in groups, to enable each of your clients to improve as much as possible;
- advise carers on implementing a treatment programme and train other professionals in therapy delivery
- monitor and evaluate your clients' progress
- write confidential client case notes and reports
- manage a caseload while taking into account priority cases, waiting lists, successful outcomes, referral and discharge of service users

### You will need to have:

- Excellent communication and listening skills to relate to people of all ages and backgrounds and to
  motivate clients and gain trust. Clients may be uncooperative because they're frightened, frustrated
  or disorientated by their situation;
- patience progress may be slow, involving repetitive exercises to aid clients who have problems memorising, processing and retaining information;
- creativity and problem-solving skills to design programmes appropriate to different learning styles and communication issues;
- the ability to work in a team for interacting with other professionals;
- organisational skills and flexibility to deal with a range of clients in varied settings;
- the ability to be at ease in a clinical environment;
- qualities such as empathy, assertiveness, tact, a sense of humour and physical and mental stamina.

Driving licence

#### Salary

- Starting £21,00 ,
- Middle £34,000,
- Senior £40,000

## **Work experience**

It is essential to gain work experience so that

#### Strong GCSE results

Strong A Levels – preferable in related areas Good choices are: Sciences/English/MFL/Music/Humanities/Psychology/Sociology

Undergraduate Degree in Speech and Language Therapy (3-4 years)

Or

Degree in relevant subject like Science, Medicine or Psychology plus a conversion course

You must qualify and be registered with the Health and Care Professions Council (HCPC)

- a) You know the job is right for you and you have the correct skills
- b) You can stand out in a very competitive market
- Visit/ observe a speech therapist
- Work in retail developing your own communication skills
- Work or volunteering with young children, people with learning difficulties, old people such as helping at a nursery or retirement home
- Observe or help people who teach English to foreign people, other languages, a musical instrument
- Support at a sports/drama/music/art group where you have to communicate with others
- Mentor younger students/ help at homework club- developing your skills of communication, patience, problem-solving

#### Other info

- In your first year you will have a mentor who you will work with and be able to learn from
- Lots of access to courses and new ideas and theories
- Specialise in areas which interest you
- Can be promoted to different levels and different responsibilities
- Work around the country and potentially other countries
- Work in schools, hospitals, rehab centres, nursing homes etc...
- Jobs are available throughout the UK, although there are more opportunities in cities.
- You can work in a range of settings, for example hospitals, health centres, day-care centres, rehabilitation
  units, schools or pre-schools, a client's home, prisons or young offenders' institutions. It's possible to work in
  several different locations during the week.
- Depending on where you work, you may need to travel between client visits.
- With experience, you can take on freelance work or become self-employed.
- · Competition is fierce and you need to be well qualified, passionate and hard-working

- Typically you would work for the NHS, based at or visiting hospitals, schools, individual homes etc for 37.5 hours a week
- It is possible to be an independent/ private speech therapist