

17 July 2020

Dear Parent/Guardian

Kooth

Here at Maiden Erlegh School in Reading we are committed to supporting the wellbeing of our students. We are therefore delighted to inform you about a service to support the wellbeing and resilience of our students that is now available.

Kooth provides a safe, secure means of accessing help via the internet. By accessing Kooth students can benefit from:

- **A free, confidential, anonymous and safe** way to receive support online.
- **Out of hours' availability.** Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10pm at weekends, every day of the year on a drop in basis.
- **Online Counselling** from a professional team of BACP qualified counsellors is available via 1-1 chat sessions or messaging on a drop in basis or via booked sessions.
- **Discussion Boards** which are all pre-moderated allowing young people to access peer to peer support.
- **Online Magazine** full of moderated articles many of which are submitted by young people offering advice and guidance on a huge range of topics.
- **No referral** is required. Young people can register for Kooth independently at www.kooth.com

To use the service or find out more visit www.Kooth.com

You can also view a short video about the service by following this link: [Kooth Video](#)

This has also been posted in your child's year group Google Classroom, alongside a number of other links and resources should they need support or signposting. There is a school email account set up for students should they have any safeguarding concerns, which is monitored by the Safeguarding Team daily, including school holidays. The email address for this is MERsafegaurding@maidenersleghtrust.org

I hope your find this service and information helpful.

Yours sincerely,



Miss C Burns
Senior Assistant Headteacher – Safeguarding and Student Development

