



Week 1 commencing: 1st September, 28th September, 2nd November, 7th December

	Mediterranean Mondays	Traditional Tuesdays	World Wednesdays	Food for Thought Thursday	Friday Favourites
Main Meal	<i>Chicken souvlaki served with rice or vegetables</i>	<i>Veggie sausage served with mash potato, onion gravy & carrots</i>	<i>Sticky Vietnamese chicken noodles served with sweetcorn cobs</i>	<i>Sweet potato, chick pea & coconut curry served with rice, Naan & chutney</i>	<i>Fish of the day served with diced potatoes, lemon wedges & peas</i>
Food to go	<i>Tomato Ragu pasta pot</i>	<i>Spicy chicken wrap & salad</i>	<i>Cheese and onion quesadilla with salad</i>	<i>Cajun chicken rice pot</i>	<i>Veggie quarter pounder served with diced potatoes, Peas or Salad</i>
Special	<i>Ham and cheddar baguette/ jacket potato</i>	<i>Tuna & cucumber wholemeal baguette/ jacket potato</i>	<i>Egg mayonnaise baguette/ jacket potato</i>	<i>Mozzarella and tomato baguette/ jacket potato</i>	<i>Cheese panini</i>
Boxed Salads	<i>Chicken Caesar salad</i>	<i>Mixed leaf roast chicken salad</i>	<i>Tuna & sweetcorn pasta salad</i>	<i>Greek pesto salad</i>	<i>Chefs OSalad</i>
Dessert	<i>50% Fruity jelly</i>	<i>Lemon mousse pot</i>	<i>Peach cheesecake</i>	<i>Chocolate mousse</i>	<i>Fruity pot</i>

Freshly baked bread, fruit pots, yoghurts and salad boxes available daily.

Our menu provides a variety of dishes made from quality ingredients, cooked onsite for the optimum taste experience.



Week 2 commencing: 7th September, 5th October, 9th November, 14th December

	Mediterranean Mondays	Traditional Tuesdays	World Wednesdays	Food for Thought Thursday	Friday Favourites
Main Meal	Spaghetti bolognese served with homemade herby bread, salad or vegetables	Pork or Chicken & Beef sausage served with mash potato, onion gravy and vegetables	Oriental chicken & vegetable noodle Stir Fry	Tandoori chicken wrap served with baked potato wedges salad & mint yoghurt	Chicken Burger served with diced potatoes, Peas or Salad
Food to Go	Cheese & onion quesadilla served with Salad	Vegetable chilli con carne Rice pot	Quorn mince cottage pie	Roasted vegetable wrap served with salad	Vegan sausage roll served with diced potatoes, Peas or Salad
Special	Chicken salad baguette/ jacket potato	Cheese & pepperoni toastie/ jacket potato	Blt Wholemeal baguette /jacket potato	Cheese and salad wholemeal baguette / jacket potato	Fish burger in a bun served with Salad
Boxed Salads	Chicken Caesar pastasSalad	Greek pesto Salad	Tuna & sweetcorn pasta salad	Sweet chilli chicken noodle Pot	Leaf salad bowl ,pasta boxed salads
Dessert	Carrot Cake	Fruits of the Forest Jelly	Banana Cake	Strawberry mousse	fruity pots

A selection of sandwiches, baguettes and jacket potatoes with a choice of fillings are offered daily in addition to the main meals.

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Week 3 commencing: 14th September, 12th October, 16th November

	Mediterranean Mondays	Traditional Tuesdays	World Wednesdays	Food for Thought Thursday	Friday Favourites
Main Meal	<i>Macaroni cheese served with homemade herby bread & salad</i>	<i>Veggie sausage toad in the hole, mash, onion gravy and vegetables</i>	<i>Vegetable lasagne served with home baked bread, salad or green beans</i>	<i>Beef Chilli Con Carne served with rice and Homemade Tortilla Chips & Salad</i>	<i>Fish of the Day served with diced potatoes, Peas or Salad</i>
Food to Go	<i>Chilli con carne pasta pot</i>	<i>Cajun chicken rice pot</i>	<i>Fish finger wrap served with salad & lemon mayo</i>	<i>Quorn mince bolognaise pasta pot</i>	<i>Veggie bean burger</i>
Special	<i>Cheese & tomato wholemeal baguette/ jacket potato</i>	<i>Ham and cheese baguette/ jacket potato</i>	<i>Bbq chicken wrap/ jacket potato</i>	<i>Cheese and ham panini/ jacket potato</i>	<i>Jacket potato</i>
Boxed Salads	<i>Tuna & Sweetcorn Pasta Pot</i>	<i>Feta & Olive Mixed Leaf Salad</i>	<i>Sweet Chilli Vegetable Noodles</i>	<i>Chicken Caesar Salad</i>	<i>Leaf salad bowl ,pasta boxed salads</i>
Dessert	<i>50% Raspberry Jelly</i>	<i>Apple and cinnamon cake</i>	<i>Forest Berry Mousse</i>	<i>Strawberry Cheesecake</i>	<i>Fruity pot</i>

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Week 4 commencing: 21st September, 19th October, 23rd November

	Mediterranean Mondays	Traditional Tuesdays	World Wednesdays	Food for Thought Thursday	Friday Favourites
Main Meal	Tomato and basil pasta pot served with homemade bread and salad	Roast chicken and herb wrap served with baked wedges and sweetcorn	Oriental turkey & soy Vegetable Noodle Stir Fry	Herby root vegetable stew served with rice	Beef burger in a bun served with diced potatoes, coleslaw or salad
Food to Go	Ham Carbonara spaghetti served with homemade bread & salad	Quorn tikka folded Naan with mint yoghurt and salad	Veggie sausage pasta pot	Chicken tikka in a folded Naan served with mint yoghurt	Fish finger wrap served with Salad
Special	Hot spicy Chicken baguette served with Salad / jackets	Cheese and tuna melt granary baguette/ jacket potato	Egg mayonnaise baguette/ jacket potato	Chicken Caesar baguette/ jacket potato	Veggie sausage hotdog
Boxed Salads	Tuna & sweetcorn pasta pot	Feta & olive mixed leaf Salad	Sweet chilli chicken Noodles	Tuna leaf Salad	Chefs Pasta Salad
Dessert	Peach mousse	Lemon sponge cake	Chocolate cookie pot	Forest fruit cheesecake	Fruity pot

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MAIDEN ERLEGH
SCHOOL IN READING

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