

Kit List**Clothing**

- Pair of walking boots (broken in) or sports trainers. No converse or fashion shoes with a hard sole.
- 2 pairs of walking socks (or thin cotton socks - liners, with a thicker pair over the top)
- Jacket/coat (waterproof and windproof)
- Waterproof over-trousers
- 2 fleece tops or similar
- 2-3 t-shirts (thermal optional)
- 2 walking trousers (warm, NOT jeans)
- 1 pair shorts (if appropriate)
- Underwear
- Nightwear
- Flip flops/sandals (optional for camp site use)
- Warm hat and/or sunhat (as appropriate)

Personal Kit

- Rucksack – 60 – 80 litres
- Rucksack liner (or 2 strong plastic bags)
- Sleeping bag
- Sleeping mat
- Waterproof bag/ strong plastic bags
- Whistle
- Torch (handheld/head torch and spare batteries)
- Personal first aid kit – additional sheet provided for this.
- Food (including emergency rations)
- Water bottle
- Cutlery
- Plate/bowl – plastic/ metal
- Gas for spider cooker (2 per group) – Butane propane mix, screw on. Recommended [Go Outdoors £3.50](#)
- Mug
- Box of matches (in waterproof container)
- Wash kit/personal hygiene items: Wash bag (small), All-purpose soap, Dry wash gel (some items could be shared as a group)
- Sunblock
- Towel
- Small quantity of money (optional)
- Notebook and pen/pencil

Group Kit

- Tents – provided by school
- Camping stove(s) – provided by school
- Trangia: 25 series – provided by school
- Camping stove fuel – Gas cannister – Butane & propane mix, screw on. Recommended [Go Outdoors £3.50](#)

- Scourers
- Tin opener (if required)
- Tea towel
- Plastic bags (for rubbish etc.)
- Toilet paper and trowel
- Maps (1:25 000/1:50 000) Ordnance Survey – provided by school
- Compass Silva: Provided by school
- Map cases Silva: Provided by school
- Camera (optional)
- Survival bag

You may also wish to consider the following:

- Insect repellent
- Anti-Histamines (if hay fever/ allergies are an issue)
- Ball/ pack of cards
- Sunglasses

**There are currently many sales in Aldi. As well a cheaper kit in Decathlon.
Discounts can be found in Go Outdoors, as well as Millets and Blacks where the DofE discount card can be used.*