



LET'S TALK ABOUT IT

At Maiden Erleigh School in Reading we are



#LETSTALKABOUTIT



If you are worried about bullying whether for yourself or someone else please:

**SPEAK TO
YOUR TUTOR**

**LOG ON CLASSCHARTS
WELLBEING**

**SPEAK TO A
PEER MENTOR**

1. Be tolerant of all people, regardless of their race, religion, sexuality or appearance.
2. Treat others how you want to be treated.
3. Doing nothing when you see someone being bullied isn't a solution.
4. Your differences make you unique.
5. Be who you want to be, not who others want to see.
6. If you are being bullied or see someone being bullied, report this on classcharts, to a staff member or to an ambassador.
7. Be an upstander not a bystander.
8. Instances of bullying on social media will also not be tolerated.
9. Kindness is contagious. Spread positivity not hatred.