

# SAFEGUARDING



Maiden Erleigh School | 81 Crescent Road | Reading RG31 5SL | T. 0118 966 8065 | [www.maidenerleghschoolreading.co.uk](http://www.maidenerleghschoolreading.co.uk) | @MESReading

## Welcome to our first edition

As a safeguarding team we wanted to share some helpful information with parents to support you through this newsletter.

The main safeguarding team at Maiden Erleigh School in Reading includes Miss Davies, Designated Safeguarding Lead, Ms Murudzwa, Deputy Safeguarding Lead, Mrs Ellis, Safeguarding and Outreach Worker and then our wider safeguarding team includes Mr Graham, Mrs Gibbs, Miss Hancock, Mr Hood, Miss Ryan, Mr Sparks and Mrs Cotton.

At MER we strive to ensure that all children are safe from harm and feel supported. Our main purpose is to support our young

people and families, however we also ensure that staff in school receive the appropriate training to be able to identify any concerns. We will all work together to ensure both the physical and emotional safety of our young people as we strongly believe **safeguarding is everyone's responsibility**.

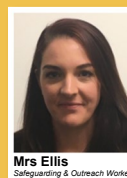
### Our Main Safeguarding Team



Miss Davies  
Designated Safeguarding Lead



Ms Murudzwa  
Deputy Safeguarding Lead



Mrs Ellis  
Safeguarding & Outreach Worker



## Mental Health Support



It's okay to not be okay!  
That is the message we want our young people to know. We know that not everything will be great all of the time. We want our young people to feel safe enough to share this with someone, to get the support to help them on their journey to feeling happier. Whether that is someone at home, a friend, a member of staff or another external professional, it is important for young people to have an outlet.

In school we are able to provide support through our school counsellor, our Wellbeing Hub and Mental Health Support Worker. We also have a school nurse available.

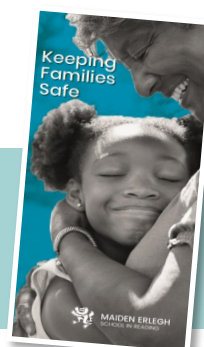
We know that not all young people want to speak to someone in school so there are also a number of other avenues for support such as:

**TellMi**— an app for young people dedicated to providing mental health support. This is monitored by professionals. A letter was shared with parents recently.

**No.5**— a counselling service for young people in Reading. Their website also provides lots of information on their services.

**Young Minds**— a mental health charity aimed at young people

**Joe's Buddy Line**— a mental health charity aimed at young people



If you feel you need support or guidance for your child regarding their ongoing care, mental health, relationship building with young people or with resources at home then please reach out to the Safeguarding Team through the school reception. We will be more than happy to do our best to work with you, or external agencies, to try to get the support in place.



## Online Safety

The world is becoming increasingly more "online" with young people using social media as their main form of communication. Online Gaming is also becoming ever-more popular. Online safety experts INEQE provide a large variety of information around how young people can keep safe online, and how parents/carers can support them with this. These are brilliant one page "shareables" and are available [here](#). They also offer short 60 second "sound bites" covering different elements of the "online world".

Keep an eye on our X account as we also regularly share the National Online Safety's "Wake Up Wednesday" online safety leaflets.



IT'S OKAY TO  
NOT BE OKAY

We have produced a safeguarding leaflet for parents around keeping families safe and the local services available. A copy of this is available [here](#). Our school website also has a variety of different support documents with links to a number of different charities and resources is available for parents and students, these can be found [here](#).

## Coming soon!

Mrs Ellis will be offering regular drop in sessions for parents as part of her Outreach and Safeguarding role. More information to come!

