



**Parenting
Special
Children**

30th June 2025

Challenges for children affected by alcohol during pregnancy - For Parents and Carers

Drinking alcohol during pregnancy can cause a woman's baby to be born with a wide range of physical, behavioural and learning difficulties. They may not be detected at birth but can become apparent in later life and carry lifelong implications.

Many children born with Foetal Alcohol Syndrome (FAS) are not diagnosed correctly, their struggles may go unnoticed, and they may not receive the support they need.

The workshop will cover an overview of challenges caused by exposure to alcohol and pre-birth trauma in the womb and their presentations, the continuum of needs and a range of holistic strategies to support children affected by it.

It will be delivered by Nuala Hemphill, who has over 35 years' experience as a teacher and manager in education, focusing on additional learning, emotional and behavioral support needs. Nuala is also an adult psychotherapist & specialist trainer in trauma defenses, reactive attachment, FAS, anxiety and ADHD.

Date & Time

Monday 30th June 2025

7-9pm

Venue

Online via Zoom

Eligibility

Open to Berkshire and non-Berkshire parents/carers

Cost

First attendee £10

(A second family member can join for free with a paying attendee if sharing the same device)

Contact

admin@parentingspecialchildren.co.uk

Booking link

<https://bit.ly/CHALLENGES-JUN2025>