

Sent on behalf of Our House – Building for the Future



Dear Parents and Carers,

We know how many questions can come up when you're raising a child with additional needs. Sometimes you just want to sit down with a professional, ask what's on your mind, and talk it through in a relaxed, friendly space.

Friday 6th March, we're creating exactly that at **Our House**.

We're delighted to welcome three experienced paediatric specialists for an informal drop-in coffee morning:

- **Sharon Wignall** – Occupational Therapist
- **Lauren Nash** – Physiotherapist
- **Katy Rimmington** – Speech and Language Therapist

Friday March 6th

9:30am – 11:30am

Our House – Toutley Road, Wokingham RG41 1QN

No need to book – just drop in

Plenty of parking just a 2 minute walk from Our House can be found here:

Emmbrook Scouts
Hedley Hall
Toutley Road
RG41 1AQ

All three paediatric specialists will be available to answer questions, share resources, and signpost you to helpful support.

You might be wondering...

- *Should my child be talking more by now?*
- *Why do I sometimes find it hard to understand what they're saying?*
- *Why does my child play differently to other children?*
- *Why do they toe walk or sit in a W position?*
- *They're very flexible – should I be concerned?*
- *Is that sensory? What does sensory even mean?*
- *How can I help my child regulate?*

- *Why aren't they reaching developmental milestones?*
- *What can I do to support rolling, sitting, crawling, standing or walking?*

If any of these thoughts sound familiar, this session is for you.

Important to know:

- This is *not* a formal assessment.
- We don't need to see your child (though they're very welcome to come and play while we chat).
- **If your child is at nursery or preschool, you're welcome to come along on your own for a child-free cuppa and conversation.**

If you're unsure how busy it might be, just give us a ring on the morning and we'll happily let you know.

We'd love to see you there.

Warmly,

The Our House Team



Nicki Mitchell

CENTRE MANAGER

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www.bftf.org.uk