



Parenting Special Children

20th May – 8th Jul 2026 (Wednesdays, 7 weeks)

Attachment-Focussed Re-Parenting For families of children affected by early life trauma

This course is aimed at birth parents/families of children affected by trauma through adverse childhood experiences like domestic violence, family break up, bereavement, parental mental health issues and/or substance misuse. It has attachment theory underpinning all topics.

Topics include:

- Impact of trauma in early childhood
- Symptoms overlap- Autism/ADHD/Sensory
- Processing
- Attachment theory & Internal Working Models
- Managing stress
- Understanding & managing behaviour
- Life story work
- Working effectively with schools
- Managing the stress of caring

Date & Time

Wednesdays, 10-12pm

20th May to 8th Jul 2026

No sessions during holidays

Venue

Online

Cost

£50 per person

Contact to discuss content or book

07557 102623

tas@parentingspecialchildren.co.uk

The usual cost of this course is **£250/person**. Thanks to funding from The National Lottery Community Fund we are able to offer it at a **massively reduced price of £50/person**. An additional family member may attend for free with a paying attendee, when accessing the event from the same device.

100% of parents/carers have said they would recommend this course to others.

“Facilitators were beyond excellent. There needs to be much more of these most valuable